

B & W GYM
PRESENTS
THE
USAPL
2016 CHICAGO RAW NOVICE POWER MEET
SANCTION IL-2016-07

WHEN: Sunday Nov 6, 2016

WHERE: B&W Gym
5920 N Ridge
Chicago, IL

TIME: Weigh-In 8:30 am
Competition: 10:30 am

ENTRY FEE: \$47.50 (checks made payable to B & W Gym)
Team entry: \$40.00
Entries must be received by Oct 19, 2016 (Limited to the first 35 entries)**NO LATE ENTRIES ACCEPTED!**

ELIGIBILITY: Open to all registered USAPL lifters who have never won a power meet.
USAPL cards available at meet: \$50.00 / \$45.00 if bought in advance from USAPL

DRUG TESTING You must be drug free for at least 36 months prior to the date of this meet to be eligible. At least 10% of all lifters will be tested by urinalysis . Banned substances include but are not limited to anabolic steroids and growth hormones. The complete list of banned substances is available on the website of the World Anti- Doping Agency. (See www.WADA-ama.org)

LIFTING ATTIRE This is a raw meet. All lifters must wear a one piece lifting suit or singlet. All equipment must conform to USA Powerlifting rules. See www.USAPowerlifting.com for details..

AWARDS: 1st – 3rd Men Trophies in 9 weight classes (53,59,66,74,83,93,105,120, 120+ kg)
1st - 3rd: Women Trophies in 8 weight classes (43,47,52,57,63,72,84 ,84+ kg)
1 Best lifters in Men and Women

ADMISSION: \$7..00 advance tickets \$10.00 at the door

T- SHIRTS: \$13.00 advance order/ \$15.00 at the meet

REGULATIONS: All USAPL rules apply. Lifters must wear a one-piece lifting suit. This is a raw meet .

FURTHER INFORMATION: Contact Dennis Brady B & W Gym, 5920 N. Ridge Blvd, Chicago, IL 60660
(773) 561-9692) Dennisbwgym@aol.com

ENTRY FORM
2016 USAPL CHICAGO RAW NOVICE POWER MEET

(PLEASE PRINT)

NAME: _____ AGE: _____ BIRTHDATE _____ SEX _____

ADDRESS: _____
Street Address City State Zip

PHONE: (____) _____ E-MAIL _____

TEAM: _____ WEIGHT CLASS _____ USAPL # _____

ESTIMATED TOTAL OR BEST PREVIOUS TOTAL; **MUST BE FILLED IN**): _____

IF PREVIOUSLY TESTED : WHERE: _____ WHEN: _____ TYPE OF TEST: _____

	<u>\$ AMOUNT</u>
DIVISIONS ENTERED: (Circle one or more) MEN WOMEN	_____
SHIRTS _____ SIZES _____	_____
TICKETS _____	_____
TOTAL \$	_____

In consideration of my entry, I, intending to be legally bound, hereby, for myself, my executors and administrators, waive and release the USAPL, B & W Gym, their agents, representatives, committees and members from any and all claims or rights to damage from injuries or losses suffered by me directly or indirectly competing in or attending the **2016 USAPL CHICAGO RAW NOVICE POWER MEET**.

I agree to abide by the USAPL rules governing this event.

Signature: _____ Date: _____

If minor, Parent's Signature: _____ Date: _____

RELEASE FROM LIABILITY

Read this release carefully. When you sign it, you will be giving up important rights.

In consideration of the acceptance of my entry blank in this powerlifting competition, I intend to legally bound for not only myself, also my heirs, my executors, and my administrators. In signing this release from liability, I waive and release everyone connected with this competition from any and all liability, which may arise from this competition. Moreover, I agree that any testing method which the meet directors and the sponsors of the meet use to detect the presence of strength inducing drugs SHALL BE CONCLUSIVE. That is whatever I think the results of the test are right or wrong, I agree that I have no right to challenge the results of the test. I further agree to submit to any physical tests, which may be necessary to complete the drug testing. Should I fail to pass the drug test, I agree to waive any claim, which might arise under state law for defamation, slander, or libel, or any other claim on which legal relief is available. I agree to pay any attorney fees and litigation expenses incurred by any person, real or corporate whom I may sue in an effort to challenge this release from liability. I understand that my agreement to pay attorney fees and litigation expenses is the sine que ono for the acceptance of my entry in this contest.

Signature of contestant Date Signature of parent or guardian if under 18 years old

CERTIFICATION

I hereby give my word of honor as an athlete that I have not used any strength inducing drugs (i.e. any anabolic steroids or natural hormone) as part of my training during the past 36 months, or any prohibited stimulants or diuretics in the past 7 days prior to this contest.

Signature, in full, of competing Powerlifter Date